Population structure of Sind sardinella *Sardinella sindensis* (Day, 1878) in northern Persian Gulf and Oman Sea, Iran

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ABSTRACT

The population dynamics of *Sardinella sindensis* (Day, 1878) was studied from samples in the commercial fishery in the coastal waters of the Persian Gulf and Oman Sea. A total of 12,898 specimens were collected through monthly sampling of boat purse seine and beach seine catches. Total length of the sampled fishes ranged from 5.0 to 19.9 cm. The von Bertalanffy growth parameters determined using monthly length frequency distribution were asymptotic length ($L_{\infty} = 21$ cm), growth coefficient ($K = 1.2 \text{ year}^{-1}$) and age at zero length ($t_0 = -0.14$ year). The estimated value for longevity ($t_{\max}$) was 2.5 years. The probability of capture was calculated as $L_{c_{25}}=10.2$ cm, $L_{c_{50}}=10.9$ cm and $L_{c_{75}}=11.8$ cm total length. Four cohorts with mean lengths of 7.2, 11.7, 15.7 and 18.6 cm were discerned in a year, with two recruitment peaks. The calculated length-weight equation was $W = 0.0078 L^{3.02}$. The instantaneous rates of mortality (Z) was estimated as 4.02, with natural mortality $M=2.19$ and fishing mortality $F=1.83 \text{ year}^{-1}$. The exploitation rate (E) was 0.46, which was found to be reasonable for current fishing effort. From the yield-per-recruit analysis, $E_{\max}$ was estimated as 0.79, confirming that the stock is under optimum exploitation.

Keywords: Growth parameters, Mortality rate, Oman Sea, Persian Gulf, *Sardinella sindensis*

Introduction

Small pelagic fishes (anchovies and sardines) usually found in marine areas with high primary production (Ganias, 2014) support vast fisheries systems around the world (Schwartzlose *et al.*, 1999; Bakun, 2010; King, 2013). Management of small pelagic fisheries is very difficult because of wide variability in population size (Cushing, 1971; Blaxter and Hunter, 1982). These fishes, especially, sardines are among the world's most important marine resources (Devaraj *et al.*, 1997; Kesteven *et al.*, 1981; FAO, 2011), mainly because of their relative ease of capture with purse seiners (owing to the schooling behaviour) and capacity to reach enormous biomasses in some populations (Cole and McGlade, 1998). Sind sardinella, *Sardinella sindensis* (Day, 1878) is a pelagic clupeoid species that inhabits the coastal waters of the Persian Gulf and Oman Sea (FAO, 1981; Whitehead, 1985; Randall, 1995). Sardines are short-lived and fast growing

species, characterised by considerable fluctuations in their stock size because of their high dependence on highly variable, environmentally-driven annual recruitment pulses (Barange *et al.*, 2009). Sind sardinella is widely distributed in Indian west coast, Pakistan, the Oman Sea, the Persian Gulf and also occurs from the Arabian Sea to the Gulf of Aden (Whitehead, 1985). The potential yield of small pelagic fishes in the Persian Gulf and Oman Sea was estimated to be around 4,00,000 t, 60% of which corresponds to sardines (FAO, 1981).

Sind sardinella is a dominant species of sardine in the coastal waters of the Persian Gulf and Oman Sea (FAO, 1981; Owfi, 1991; Van Zailinge *et al.*, 1993). The average landing of purse seiners was estimated to be 500 t per year in the Persian Gulf (FAO, 2011). Fishing season of small pelagic fishes in the Persian Gulf and Oman Sea starts from early autumn to late spring (Alizade and Oliaei, 2015). Over 98% of small pelagic fishes in the

Iranian adjacent waters are distributed in the three major fishing grounds including Bandar-lengeh, Qeshm Island and Bandar-Jask (Qorbanzadeh and Nazari, 2012). Catch of 57,000 t of small pelagic fishes (35% sardines and 65% anchovies) was reported by Alizade and Oliaei (2015) from the study area. Sardines, which are a major food source for tuna and mackerel fishes, have an important ecological role in the Persian Gulf and Oman Sea. Sardines have been found to constitute 15-60% of long tail tuna diet (Shawghi, 1992; Darvishi *et al.*, 2003) and 45% of Spanish king mackerel diet (Darvishi, 2008). Information on small pelagic resources in the Persian Gulf and Oman Sea are available from the works of Lazarus (1980), FAO (1981), Sivakumaran *et al.* (1987), Van Zailinge *et al.* (1993) and Iran (1998). Much of the previous research on fishery, biology and stock assessment of sardines occurred in different locations such as: the biology of *Sardinella longiceps* in the Sultanate of Oman (Al-Barwani *et al.*, 1989), stock assessment of lesser sardines in the Indian waters (Bennet *et al.*, 1992), biology and stocks of sardines from the Persian Gulf (Owfi, 1994), reproduction of *Sardinella* sp. in Pakistan waters (Khatoon and Hussain, 1998) and age, growth and mortality rates of *S. longiceps* off Oman Sea (Al-Anbouri *et al.*, 2012). Very little is known about the population structure and the exploitation levels of *S. sindensis* in the Persian Gulf and Oman Sea; the only studies being of Safa (2011) and Rahimi *et al.* (2016). The present study investigated some aspects of the population biology of *S. sindensis* in the Persian Gulf and

Oman Sea along the coast of Iran, including the population structure, size, age, growth, mortality and length-weight relationship, in order to provide information required for the proper management of the species in this area.

Materials and methods

Study area

The study area included three major fishing areas viz., Bandar-Lengeh, Qeshm Island and Bandar-Jask of small pelagic fishes in the northern coastal waters of the Persian Gulf and Oman Sea between lat 52° 30' E and 58° 30' E (Fig. 1). These areas have a high level of biodiversity which support a wide variety of fish species.

Data collection

Samples of *S. sindensis* were collected monthly from October 2014 to September 2015 from purse seine and beach seine catches by simple random sampling, from the commercial fishery in the Persian Gulf and Oman Sea fishing grounds. On each sampling day, random sub-samples of fish were obtained from well-mixed catches. For each specimen, the total length and the total weight were recorded to the nearest cm and g, respectively. Every month, at least 350 fish were measured from each sampling area, except where the catches were quite poor. The chosen sample size provided a reasonable database for analysis (Gulland and Rosenberg, 1992). A total of 12,898 specimens of *S. sardinella* were collected

Fig. 1. Map of the study area (* indicates sampling sites)

for length frequency. Also, length-weight details were recorded in 2,111 specimens sampled.

Data analysis

Since *S. sindensis* in the three study areas belong to a unit stock (Safa, 2011; Rahimi *et al.*, 2016), the length frequency data were pooled and analysed following the methods given by Sparre and Venema (1998). The relationship between total length and total weight was derived by regression through linear transformation of the exponential equation:

$$W=aL^b$$

The length data was classified into 16 length classes of 1 cm interval, as suggested by Gayanilo *et al.* (2005). Growth parameters of the von Bertalanffy growth function (VBGF) were determined using ELEFAN I routine of the FiSAT (FAO-ICLARM Stock Assessment Tools) program (Gayanilo and Pauly, 1997). The VBG equation was used to describe growth in length (Sparre and Venema, 1998):

$$L_t = L_{\infty} [1 - \exp(-k(t-t_0))]$$

where L_t = total length of the fish at time t , L_{∞} = asymptotic length, K = annual growth coefficient and t_0 = hypothetical time when the total length of the fish is zero (Sparre and Venema, 1998) and t_0 was estimated by the empirical function given by Pauly (1983):

$$\log_{10}(-t_0) = -0.3922 - 0.2752 \log_{10}(L_{\infty}) - 1.830 \log_{10}(K)$$

The seeded value of L_{∞} ($L_{\max}$ = the largest length observed in this study) was 19.9 cm total length. The VBG parameters of *S. sardinella* obtained in this study was compared with estimates documented for other sardines, using the formula given by Pauly and Munro (1984):

$$\emptyset = \log_{10} K + 2 \log_{10} L_{\infty}$$

The total instantaneous mortality rate (Z) was calculated from the length-converted catch curve using the program ELEFAN I. Natural mortality (M) was estimated by Pauly's empirical formula (Pauly, 1980):

$$\log_{10}(M) = -0.0066 - 0.279 \log_{10}(L_{\infty}) + 0.6543 \log_{10}(K) + 0.4634 \log_{10}(T)$$

in which a mean annual surface temperature (T) of 27°C was used (Ebrahimi *et al.*, 2012; Ebrahimi *et al.*, 2006; Ebrahimi *et al.*, 2005). Fishing mortality (F) was estimated from the equation: $Z = M + F$. The exploitation rate (E) was estimated using the formula: $E = F/Z$.

The probability of capture was estimated from the left ascending arm of the length-converted catch curve. By plotting the cumulative probability of capture against mid-length, a resultant curve was obtained, from

which the length at first capture ($L_{c_{50}}$) was obtained, corresponding to the cumulative probability at 50%. The entire length-frequency data were used to reconstruct the seasonal recruitment pattern of the fish by projecting backward along a trajectory defined by the computed VBG function; all the restructured length-frequency data were set according to a 1-year time scale (Pauly, 1987). The potential longevity (the age of the oldest fish sampled) of *S. sardinella* was calculated using the following formula (Pauly and Munro, 1984) :

$$t_{\max} = t_0 + 3/K$$

The relative yield-per-recruit model of Beverton and Holt (1957) modified by Pauly and Soriano (1986) was used to estimate the relative yield-per-recruit and relative biomass-per-recruit, according to a selection ogive. The computed exploitation rate was compared with the expected values of $E_{\max}$ (the value of E which gives the maximum relative yield-per-recruit), $E_{0.1}$ (the value of E at which the marginal increases in Y/R and is 10% of its value at $E = 0$) and $E_{0.5}$ (the value of E at 50% of the unexploited relative biomass-per-recruit) (Gayanilo and Pauly, 1997; Sparre and Venema, 1998). The yield isopleths diagram was used to assess the impacts of the changes of the exploitation rate (E) and the ratio of the length at first capture to the asymptotic length ($L_{c_{50}}/L_{\infty}$) in relation to changes of mesh size, on the yield.

Results

The total length and weight of individuals ranged from 5.0 to 19.9 cm with a mean of 13.0 cm and from 3.9 to 63.3 g with a mean of 17.9 g during the study period. The length frequency distribution of the sampled fishes is shown in Fig. 2.

The calculated length-weight equation (sexes pooled) was $W = 0.00785L^{3.02}$ (Fig. 3). The slope (b value) of the length-weight relationship was not significantly different (χ^2 -test; $p < 0.05$) from the theoretical value of 3 for all

Fig. 2. Length frequency distribution of *S. sindensis*

Fig. 3. Length-weight relationship curve for *S. sardinella*

individuals which indicates isometric pattern of growth in *S. sardinella*.

The best estimates of growth parameters obtained using ELEFAN I routine were $L_{\infty} = 21.0$ cm, $K = 1.2$ year⁻¹, and $t_0 = -0.14$ year (Fig. 4). Growth performance index (Φ) was estimated as 2.72. The potential longevity

($t_{\max}$) of *S. sardinella* was estimated at 2.5 years, or approximately 30 months. Four cohorts with the mean lengths of 7.24, 11.69, 15.65 and 18.55 cm were determined annually using the Bhattacharya's method. The recruitment pattern indicated two peaks per year (Fig. 5). A major recruitment peak occurred at 22% in April.

The length-converted catch curve is shown in Fig. 6. The instantaneous rates of mortality for all fish were estimated as $Z = 4.02$ year⁻¹, $M = 2.19$ year⁻¹ and $F = 1.83$ year⁻¹. The exploitation rate (E) was 0.46. The probability of capture was calculated as $L_{c_{25}} = 10.18$ cm, $L_{c_{50}} = 10.97$ cm and $L_{c_{75}} = 11.77$ cm total length (Fig. 7).

Relative yield-per-recruit and relative biomass-per-recruit were calculated using ogive selection. Yield-per-recruit isopleths diagram with $M/K = 1.82$ for *S. sardinella* is shown in Fig. 8. The yield contours predicted the response of the relative yield-per-recruit of the fish to changes in $L_{c_{50}}$ and E ; $L_{c_{50}}/L_{\infty} = 0.52$. $L_{c_{50}}/L_{\infty}$ values represent different scenarios of changes in mesh size. E corresponds to the level of changes of F/Z . The optimum exploitation

Fig. 4. Restructured length-frequency histogram for *S. sardinella* with superimposed growth curve. Fig. 5. Recruitment pattern of *S. sardinella*, indicating two peaks per year Fig. 6. Length-converted catch curve of *S. sardinella*

Fig. 7. Probability of capture of each length class of *S. sindensis* ($L_{c_{25}}=10.2$ cm, $L_{c_{50}}=10.9$ cm, $L_{c_{75}}=11.8$ cm)

Fig. 8. Yield per recruit isopleths diagram with $M/K = 1.82$ for *S. sindensis*

rates were estimated as: $E_{\max} = 0.79$; $E_{0.1} = 0.65$; $E_{0.5} = 0.37$. Optimum exploitation rate was 0.79 (Fig. 9).

Discussion

In this study, the total length of *S. sindensis* ranged from 5.0 to 19.9 cm with a mean of 13.0 cm. The total length of *S. sindensis* in Pakistani waters ranged from 15.0 to 25.0 cm (mean $\pm$ SD, 17.8 ± 1.50) (Elahi *et al.*, 2015). The total length of Sind sardinella from Karachi area in Pakistan was reported to be between 11.0 and 20.9 cm (Safi and Hashmi, 2013) and in Qeshm Island (the Persian Gulf) was between 8.1 and 18.2 cm (Dehghani *et al.*, 2015). Observed differences in total length of the fishes in these

Fig. 9. Relative yield-per-recruit and relative biomass-per-recruit as computed using ogive selection ($E_{\max} = 0.79$, $E_{0.1} = 0.65$, $E_{0.5} = 0.37$).

populations are probably related to differences in applied fishing gears, mesh size, skewness in sampling, ecological conditions, seasons, habitats and interspecific differences, as observed in other fish species (Alavi-Yeganeh *et al.*, 2011; Daneshvar *et al.*, 2013; Ghanbarifardi *et al.*, 2014; Asadollah *et al.*, 2017).

The *S. sindensis* stock appears to be in a healthy condition in the coastal waters of the Persian Gulf and Oman Sea, as a wide range of size classes were present in the catch. Normal distribution in length-frequency data confirms that the stock is not exposed to high fishing pressure (Gayanilo and Pauly, 1997).

Length and weight data are essential for estimating many aspects of fish population dynamics and the relationship between these two parameters is important for stock assessment (Gulland and Rosenberg, 1992). The value of b in the length-weight relationship derived in the present study is similar to that estimated earlier for the same species from the area (FAO, 1981; Dehghani *et al.*, 2015). The length-weight relationship may be influenced by age, maturity, sex, geographic location and associated environmental conditions, such as season (date and time of capture), diseases and parasites (Haimovici and Canziani, 2000).

The von Bertalanffy growth data available for the coastal waters of the Persian Gulf and Oman Sea (this study) and coastal waters of Bandar-Jask (Oman Sea) (Farkhondeh *et al.*, 2010; Alaei *et al.*, 2013) indicate that *S. sindensis* in these regions have similar growth rates and also attain a similar maximum size, while the data

available for the Qeshm Island (Salarpouri *et al.*, 2008) provide contrasting results (Table 1). However, it is not known to what degree these differences in growth patterns are influenced by regional differences in biological productivity, stock-dependent genetic differences in growth performance and the selectivity in fishing gear used in each study.

A comparison of growth performance index ($\emptyset$) between *S. sardinella* and other sardines from different sources is also shown in Table 1. Generally, the growth performance index is a species-specific parameter, *i.e.*, its values are usually similar within related taxa and also have narrow normal distributions. The gross dissimilarity of $\emptyset$ for a number of stocks of the same species or related species is an indication of the unreliability in the accuracy of the estimated growth parameters (Moreau *et al.*, 1986). It is notable that $\emptyset$ can only be used to compare the growth performance of fish with similar shapes (Gayanilo *et al.*, 2005). Moreau *et al.* (1986) suggested that the coefficient of variation (CV) of $\emptyset$ for several stocks of the same species should not exceed 5%, which may provide some indication of credibility of the obtained values for $\emptyset$ (Gayanilo and Pauly, 1997). The coefficient of variation of 4.82% together with other measurements of dispersion (range = 0.35, variance = 0.01, standard deviation = 0.13 and mean = 2.68) for $\emptyset$ values in Table 1 are low. There are some differences between the value of $\emptyset$ of *Sind sardinella* in this study and that of some other studies. Such differences could partially be derived from difference in the used techniques but they could also be related to slight environmental differences such as food availability, temperature and salinity. (Ragonese and Bianchini, 1998). The similarity in the relative growth performance of this tropical sardine and those from other regions suggests that phylogeny independent of local environmental conditions may influence growth. It also suggests that their position in the food web as lower-order secondary consumers

places a constraint on overall growth performance in any environment (Milton *et al.*, 1993).

Four cohorts and two recruitment peaks were determined annually which conform with the assertion of Pauly (1982) on the existence of two recruitment pulses per year for tropical fish species. Sardines and anchovies manifest some peculiarities in their population dynamics and there are some interesting phenomena in relation to their recruitment (Bakun, 2010; Petitgas *et al.*, 2012). The length and age at recruitment of *S. sindensis* in the Persian Gulf were reported to be 2.5 cm and 0.15 year, respectively (Van Zailinge *et al.*, 1993). Tropical species are known to have recruitment through out the year (Sparre and Venema, 1998). Recruitment of small pelagic fishes, especially clupeoids fluctuates widely in response to both fishing and environmental effects. Yet, their life history style is extremely flexible and enables populations to persist, even at very low levels (Beverton, 1990).

The values of total instantaneous mortality rate and the exploitation rate obtained in this study were in the range of those obtained for other *Sardinella* species of Tawi-Tawi, Philippines (Aripin and Showers, 2000) and of the west coast of India (Annigeri *et al.*, 1992) (Table 2). Although, there are some similarities between the values of the natural mortality in this study and other previous studies on other *Sardinella* species, these similarities on the values of fishing mortality are very low (Table 2).

Gulland (1971) suggested that, as a rule of thumb, a fish stock is optimally exploited at a level of fishing mortality which generates $E = 0.50$, where $F_{opt} = M$. In the present study, the estimated value of the exploitation rate (E) confirms that the stocks of *S. sardinella* in the coastal waters of the Persian Gulf and Oman Sea are not exposed to high fishing pressure yet and they are in a healthy condition.

Table 1. Comparison of growth performance in selected species of *Sardinella*, L_{∞} (asymptotic length), K (growth coefficient) and $\emptyset$ (growth performance index) (Mean=2.68, Range = 0.35, CV=4.82, S.D. = 0.13, Variance = 0.01).

Species	$\emptyset$	L_{∞}	K	Area	Source
<i>S. albella</i>	2.51	16.8	1.11	Dar es Salaam (Tanzania)	Makwaia and Nhwani (1992)
<i>S. albella</i>	2.50	17.0	1.18	Gulf of Manar (India)	Bennet <i>et al.</i> (1992)
<i>S. gibbosa</i>	2.79	17.1	1.08	Mandapam (India)	Banerji and Krishnan (1973)
<i>S. gibbosa</i>	2.66	19.5	1.20	Coastal waters (Indonesia)	Dwipongo <i>et al.</i> (1986)
<i>S. longiceps</i>	2.65	22.0	1.21	Oman Sea (Oman)	Al-Anbouri <i>et al.</i> (2012)
<i>S. longiceps</i>	2.79	21.0	1.40	South-west coast (India)	Biradar and Gjosæter (1989)
<i>S. longiceps</i>	2.85	21.6	1.50	Malabar coast (India)	Ganga and Pillai (2006)
<i>S. sindensis</i>	2.55	17.8	1.11	Qeshm Island	Salarpouri <i>et al.</i> (2008)
<i>S. sindensis</i>	2.75	20	1.40	Jask area (Oman Sea)	Farkhondeh <i>et al.</i> (2010)
<i>S. sindensis</i>	2.65	19.5	1.18	Bandar-Jask (Oman Sea)	Alaei <i>et al.</i> (2013)
<i>S. sindensis</i>	2.72	21	1.20	Persian Gulf and Oman Sea (Iran)	This study

Table 2. Comparison of mortality and exploitation rates of selected species of *Sardinella*

Source	Aripin and Showers (2000)			Annigeri <i>et al.</i> (1992)	This study
Species	<i>S. albella</i>	<i>S. longiceps</i>	<i>S. fimbriata</i>	<i>S. longiceps</i>	<i>S. sindensis</i>
Total mortality (Z)	6.1	3.65	4.23	2.32	4.02
Natural mortality (M)	2.62	1.97	2.63	1.3	2.19
Fishing mortality (F)	3.48	1.68	1.6	0.93	1.83
Exploitation rate (E)	0.57	0.54	0.62	0.41	0.46

With a maximum age of 2.5 years, Sind sardinella is a relatively short-lived species and this is confirmed by the high natural mortality recorded in this study. In addition, this result confirms the superimposed growth curve (Fig. 4) from restructured length-frequency. The maximum age of *S. sindensis* in the Qeshm Island was estimated at 3.5 years using otoliths (Dehghani *et al.*, 2015). Intuitively, we would consider longevity as a parameter which is more closely related to mortality than K , L_{∞} or ambient temperature. Since, longevity is usually as difficult as natural mortality to observe, the relationship between mortalities and lifespan is not suitable for estimation of M , but it could help obtain this relationship easier (Sparre and Venema, 1998). Short-lived tropical species grow more rapidly than other tropical resident species, suggesting that they may have better growth performance (Milton *et al.*, 1993).

Beverton and Holt (1957) found that the ratio of M/K in fishes is mostly between 1.5 and 2.5. In this study, the ratio of M/K for Sind sardinella was estimated at 1.82. Based on the critical size, the ratio of L_{c50}/L_{∞} (which is a representative of mesh size) and the exploitation rate (E) (which is a representative of effort), Pauly and Soriano (1986) have shown that the relative yield isopleths could be classified to four categories (quadrants) with distinct properties. Accordingly and considering the calculated values of the L_{c50}/L_{∞} (0.52) and the exploitation rate (0.46) in this study, the relative yield isopleths of *S. sindensis* is within quadrant A of Pauly and Soriano (1986). This means that small specimens are caught at lower level of effort. The analyses of the mortality rates, exploitation rates, yield-per-recruit and biomass-per-recruit carried out here indicate that the purse seine fishery of *S. sardinella* in the coastal waters of the Persian Gulf and Oman Sea does not exert considerable fishing pressure on the stock. sardine fishery is in a growth phase, confirming the reliable potential of sardine stocks in the region. Regular monitoring of the effort level and the exploitation rate (E) is required for sardine stocks in the region, but there is no need for interventions at this stage.

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