

Effect of dietary supplementation of *Euglena viridis* on growth performance and selected serum biochemical parameters in *Labeo rohita* (Hamilton, 1822) fingerlings

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ABSTRACT

Fingerlings of *Labeo rohita* (Hamilton, 1822) (25±2 g) were fed on *Euglena viridis* supplemented diets @ 0 (Control), 0.1 g kg⁻¹, 0.5 g kg⁻¹ and 1.0 g kg⁻¹ for 90 days. At 30 days intervals, blood serum samples were assayed for glucose level and enzymatic parameters *viz.*, serum aspartate aminotransferase (AST), alanine aminotransferase (ALT), acid phosphatase (ACP) and alkaline phosphatase (ALP). Fish were challenged with a virulent strain of *Aeromonas hydrophila* after 90 days feeding period. Insignificant (p>0.05) differences in serum AST levels were noticed on the 30th and 60th day of feeding between the different dietary groups of fish. Serum enzymes (ALT, AST and ALP) significantly (p<0.05) declined in fish fed on *E. viridis* incorporated diets. On the 10th day post-challenge with *A. hydrophila*, the highest percentage of survival (75%) was recorded in the dietary group fed with 0.5 g kg⁻¹ *E. viridis*. The best feed conversion ratio (FCR) and highest specific growth rate (SGR) were recorded in the group fed with 0.5 g kg⁻¹ *E. viridis* incorporated diet. The results clearly indicated that dietary *E. viridis* promote growth rate and decreases susceptibility to *A. hydrophila* and did not negatively impact serum enzyme levels in *L. rohita*.

Keywords: Aeromonas hydrophila, Alanine aminotransferase (ALT), Alkaline phosphatase (ALP), Aspartate aminotransferase (AST), Euglena viridis, Labeo rohita

Introduction

Aquaculture is considered as the fastest growing food production sector in the world and has attracted increased importance worldwide due to increasing demand for more protein (FAO, 2011). Indian major carps are the most preferred farmed fishes in inland aquaculture sector in the Indian subcontinent owing to their rapid growth and consumer demand. This increased demand led to intensification of farming practices of many fish species especially carps leading to the spread of infectious diseases (Mokoro *et al.*, 2014).

In aquaculture, a proper diet is necessary for the maintenance of health as well as to enhance resistance to diseases in cultured animals. So, considerable attention has been given on the use of feed additives/supplements in aquaculture (Zaki *et al.*, 2012). In India, most of the farmers rely on the use of wet diet comprising rice bran and mustard oil cake together with natural pond fauna for carp culture (Biswas *et al.*, 2014). Large numbers of feed

additives are used globally for fish growth enhancement. Off late, minimal utilisation of chemicals and the use of herbal feed additives is encouraged and the global trend is to go back to nature (Mohamed *et al.*, 2003). Herbs and medicinal plant products offer an important and cheaper source for treatment in aquaculture (Madhuri *et al.*, 2012). Algae are widely accepted as natural sources for feed additives to increase feed utilisation efficiency and productivity in aquaculture (Khani *et al.*, 2017, Raji *et al.*, 2020). Microalgae comprise a wide spectrum of nutritious and bioactive compounds including vitamins, minerals, proteins, essential amino acids and pigments (Becker, 2007, Jacob-Lopes *et al.*, 2019).

Among microalgae, *Euglena* is widely dispersed in freshwater bodies. Different species of *Euglena* have been reported to have a wide range of medicinal properties, such as antimicrobial (Das *et al.*, 2005), anti-mutagenic (Foltinova *et al.*, 1994), anti-HIV (Nakashima *et al.*, 2008), immunopotentiating (Kondo *et al.*, 1992), antitumor (Quesada *et al.*, 1976) and hepatoprotective (Panja *et al.*,

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2014) activity. Beta-1, 3, glucan is abundant in Euglena which has applications in veterinary and human therapeutics as an immunopotentiator and immunostimulant (Barsanti et al., 2001; Evans et al., 2019). There are reports on the use of microalgae, such as Chlorella, Spirulina, Euglena and Microcystis as feed additives for improvement of growth performance and disease resistance of fish (Das et al., 2009; 2013; Sirakov et al., 2012; Pradhan and Das, 2015a). It has been reported that feeding Chlorella enhances survival, growth rates and immunity in larval Korean rockfish, juvenile Korean rockfish and Gibel carp respectively (Bai et al., 2001; Cho et al., 2001; Xu et al., 2014). El-Habashi et al. (2019) evaluated the protective effect of dietary Spirulina, Chlorella and their mixture in Nile tilapia fish against A. hydrophila infection. The effect of algal feed on liver enzymes in L. rohita has been investigated previously in detail (Pradhan and Das, 2015a,b). A recent study revealed that microalga based diet positively impacts on oxidative stress enzymes of African catfish Clarias gariepinus and it could supplement the requisite nutrients for their metabolic activities (Sharma et al., 2019). So the application of algal products is more useful as they are safe and eco-friendly and also, they are gaining importance in aquaculture. The current study aimed to investigate the effect of dietary supplementation of Euglena viridis on growth permance, feed conversion, blood glucose and serum enzyme levels in fingerlings of rohu Labeo rohita (Hamilton, 1822).

Materials and methods

Experimental fish

Rohu fingerlings of average weight 25±2 g were collected from the carp farm of ICAR-Central Institute of Freshwater Aquaculture (ICAR-CIFA), Bhubaneswar, Odisha. They were acclimatised in indoor fibre reinforced plastic (FRP) tanks holding 400 l chlorine-free tap water for 30 days and fed with commercial diet (Godrej, India). Throughout the experimental period, regular water exchange was done and continuous aeration was provided in the experimental tanks. Water quality was monitored at fortnightly intervals for different parameters and the mean values recorded were: dissolved oxygen 6.0±0.4 mg l⁻¹;

temperature 28±1°C; pH 7.6±0.6; hardness 90±5 mg l⁻¹ and total alkalinity 92±6.5 mg l⁻¹. Fish were fed with the experimental diets at 4% of body weight per day (Table 1).

Diet formulation

E. viridis blooms were harvested from the ponds in the farm of ICAR-CIFA, Bhubaneswar and were washed with distilled water and harvested by centrifugation at 1000 g (Sorvall CE, UK) for 5 min. The pellets were collected and shade dried for 2-3 days and ground to a fine powder form. The basal diet comprised 7.2% lipid, 39.6% protein, 14.6% ash, 3% fibre and 7.1% moisture (Table 1). Following Das et al. (2009), four experimental diets were prepared incorporating 0, 0.1, 0.5 and 1.0 g kg⁻¹ of powdered E. viridis in the basal diet. After proper mixing of the dry ingredients, binder (starch 1%) and required quantity of water were added. A dough was prepared by thoroughly mixing in a mixer and was pelletised in a manual pelletiser. The pellets were dried and kept at room temperature for further use.

Experimental design

Rohu fingerlings (n=480) were divided into 4 equal groups as group A fed basal diet and groups B, C and D fed *E. viridis* supplemented diets at 0.1, 0.5 and 1.0 g kg⁻¹ respectively. Each group of fingerlings (n=120) comprised three subgroups of 40 fish each. Throughout the 90 days of the experimental period, fish were fed @ 4% of their body weight twice daily at 09 00 hrs and 17 00 hrs with the respective diets. Unconsumed feed and faecal matter were siphoned out daily.

Bacterial pathogen for challenge experiment

Twenty-four hour broth culture of *Aeromonas hydrophila* (ATCC 49140) was centrifuged at 3000 g for 10 min. The pellet was resuspended in sterile phosphate buffered saline (PBS, pH 7.4), washed 2 times and the cells were harvested by centrifugation. *A. hydrophila* suspension (1×10⁷ CFU ml⁻¹) was prepared in PBS by adjusting OD to 0.5 at 456 nm. Then the required dose was prepared using standard dilution technique for the challenge study.

Table 1. Ingredient composition of basal diet

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Ingredient	Incorporation level (g kg ⁻¹ diet)			
Rice bran	200			
Groundnut cake	400			
Fish meal	250			
Soya meal	120			
Vitamins and minerals (Sarabhai Chemicals, Wadi, Baroda, India)	20			
Binder (Starch)	10			

Note: Calculated and estimated crude protein: 40% and 39.6% respectively; Calculated and estimated lipid: 5% and 7.2% respectively.

Blood sampling and serum separation

Fish (40 from each group) were randomly picked and blood samples were collected at 30 day intervals (day 30, 60 and 90). The sampled fish were anesthetised with MS-222 (0.1 mg 1^{-1}) and blood was drawn from the caudal vein using disposable syringe (without heparin) and the fishes were released back to the respective tanks. For serum separation, blood samples were kept for an hour to clot, centrifuged at 3000 g for 5 min and the sera collected were stored at -80°C for further analyses (Das *et al.*, 2009). For estimation of serum enzymatic parameters, pooled sera from each subgroup were used.

Estimation of serum enzyme activities

Aspartate aminotransferase (AST) activity

Serum AST (EC 2.6.1.1) was determined following Wallnofer *et al.* (1974). To the test reagent (2 ml), serum (200 μ l) was added and thoroughly mixed and incubated for 1 min at 37°C. Then α -oxoglutarate (200 μ l) was added and the initial spectrophotometric reading was taken at 340 nm. At 1 min interval, three subsequent readings were taken and the activity was calculated as:

AST activity (U l⁻¹) =
$$1905 \times \Delta A$$

where ΔA = Change in absorbance at 340 nm per min Alanine aminotransferase (ALT) activity

For estimation of serum ALT (EC 2.6.1.2) (Wallnofer et al., 1974), 2 ml of test reagent and serum (200 μ l) was mixed properly and was incubated for 1 min at 25°C. Subsequently, 200 μ l of α -oxoglutarate was added and thoroughly mixed. After recording the initial absorbance at 340 nm subsequent readings were taken at 1 min intervals. The calculation of the final concentration was as follows:

ALT activity (Ul⁻¹) =
$$1905 \times \Delta A$$

where ΔA = Change in absorbance at 340 nm per min

Acid phosphatase (ACP) activity

The activity of acid phosphatase was measured following the method of Hillman (1971). One ml of ACP working solution was mixed with 100 μ l of sample. After 5 min, initial absorbance was measured at 405 nm and subsequently three more readings were taken at 1 min interval. The ACP concentration was expressed in U l⁻¹ and calculated as:

ACP activity (Ul⁻¹) =
$$743 \times \Delta A$$

where ΔA = Change in absorbance at 405 nm per min Alkaline phosphatase (ALP) activity

Serum ALP (EC 3.1.3.1) was determined as per Rosalki *et al.* (1993). Fifty microlitre of serum sample was added to 3 ml of test reagent (diethanolamine buffer, MgCl₂ and p-nitrophenyl phosphate). The initial reading was taken at 405 nm after proper mixing. The activity of

ALP was expressed as U l-1 of serum and the concentration was calculated as:

ALP Activity (U 1⁻¹) =
$$3300 \times \Delta A$$

where ΔA = Change in absorbance at 405 nm per min

Determination of blood glucose

Blood glucose was determined following Trinder (1969). Test reagent (1ml) was taken in all the test tubes designated as blank (B), test sample (T) and standard (S). Thereafter 10 µl of distilled water, 10 µl of serum and 10 µl of standard (100 mg dl⁻¹) were added to respective tubes and were thoroughly mixed and incubated at 25°C for 30 min. Then OD value was recorded at 546 nm using a spectrophotometer (Bio-Rad, SmartspecTM3000). The final concentration of glucose was expressed in g% and it was calculated as:

$$C = n \times A_{\text{sample}} / A_{\text{standard}}$$

where $A_{\text{sample}} = OD$ value of the sample (T); $A_{\text{standard}} = OD$ value of standard (S) and n = Concentration of standard*i.e.*, 100.

Growth measurements

Total biomass in the tank and of the individual fish were recorded at the beginning and end of the experimental feeding. As per Ricker (1979), from the above data the specific growth rate (SGR) and feed conversion ratio (FCR) was expressed as:

SGR (%) =
$$\frac{\ln \text{ final weight (g)} - \ln \text{ initial weight (g)}}{\text{Total duration of the experiment (days)}} \times 100$$

$$FCR = \frac{\text{Feed given (dry weight, g)}}{\text{Weight gain (wet weight, g)}}$$

Challenge experiment

After 3 months of feeding an infectious dose of *A. hydrophila* (1×10⁵ CFU per fish) was injected intraperitonially to each group of fish (n=30) in duplicate (Sahu *et al.*, 2008). Mortality was monitored and recorded up to 10 days for every 12 h interval.

Statistical analyses

The data were analysed by one-way analysis of variance (ANOVA) followed by Duncan's multiple range tests (Duncan, 1955) to evaluate differences between treatments. Statistical significance was set at p≤0.05.

Results

Serum enzymatic parameters

Modulation in serum enzymatic parameters of fish fed with *E. viridis* supplemented diets is depicted in Fig. 1 to 3. Serum AST activity was not significantly (p>0.05) different in the entire treatment groups of fish on days 30 and 60 as compared to the control fishes. Throughout

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the experimental period, a gradual decrease in level of AST activity was observed in the dietary group fed with $E.\ viridis$ incorporated diet (Fig. 1). Specifically, fish fed $E.\ viridis$ diets presented lower ALT activity when compared with those fed the control diet (Fig. 2). The entire control group had elevated ALT activity throughout the experimental period. Likewise, significantly reduced (p \le 0.05) activity of serum acid phosphatase (ACP) was observed in all the $E.\ viridis$ diet fed groups (except group B on 60^{th} day) in comparison to control (Fig. 3). Serum ALP activity showed significant difference between dietary groups with higher levels of $E.\ viridis$ supplemented diet (p \le 0.05) when compared with control group (except group B on 30^{th} day) (Fig. 4).

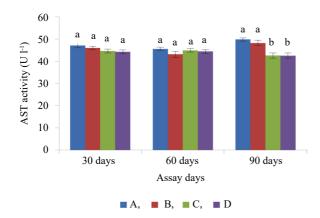


Fig. 1. Activity of AST (U l⁻¹) in *L. rohita* fingerlings fed *E. viridis* supplemented diets. Results presented as mean±S.E. Treatments bearing same alphabets are not significanty different (p>0.05) (A: Control diet; B: 0.1 g *E. viridis* kg⁻¹ diet; C: 0.5 g *E. viridis* kg⁻¹ diet; B: 1 g *E. viridis* kg⁻¹ diet)

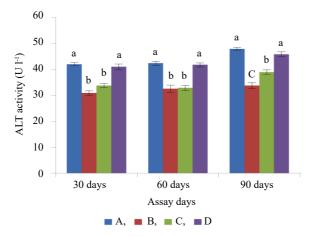


Fig. 2. Activity of ALT (U l⁻¹) in *L. rohita* fingerlings fed *E. viridis* supplemented diets. Results presented as mean±S.E. Treatments bearing same alphabets are not significanty different (p>0.05) (A: Control diet; B: 0.1 g *E. viridis* kg⁻¹ diet; C: 0.5 g *E. viridis* kg⁻¹ diet; B: 1 g *E. viridis* kg⁻¹ diet)

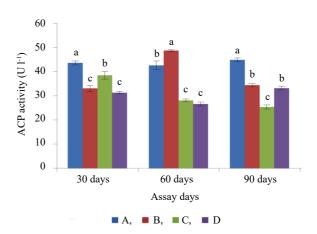


Fig. 3. ACP activity (U l¹) in *L. rohita* fingerlings fed *E. viridis* supplemented diets. Results presented as mean±S.E. Treatments bearing common alphabets are not significantly different (p>0.05.) (A: Control diet; B: 0.1 g *E.viridis* kg¹ diet; C: 0.5 g *E.viridis* kg¹ diet; B: 1 g *E.viridis* kg¹ diet)

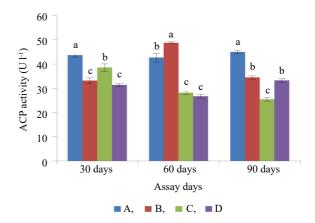


Fig. 4. ALP activity (U l¹) in *L. rohita* fingerlings fed *E. viridis* supplemented diets. Results presented as mean±S.E. Treatments bearing common alphabets are not significantly different (p>0.05) (A: Control diet; B: 0.1 g *E.viridis* kg¹ diet; C: 0.5 g *E.viridis* kg¹ diet; B: 1 g *E.viridis* kg¹ diet)

Blood glucose

E. viridis supplemented diet fed groups recorded significantly ($p \le 0.05$) lower blood glucose levels at all samplings as compared to control (Fig. 5).

Growth and feed efficiency

Increased specific growth rate (SGR) was noticed in the dierary groups fed with *E. viridis*. Elevated SGR was noticed in group C fish fed with 0.5 g kg⁻¹. There was better food conversion ratio (FCR) with lower FCR values in groups fed with *E. viridis* incorporated diets (Table 2).

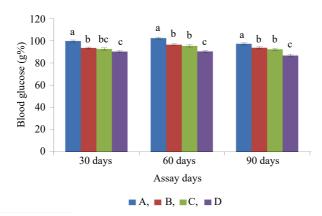


Fig. 5. Blood glucose levels in *L. rohita* fingerlings fed *E. viridis* supplemented diets. Results presented as mean±S.E. Treatments bearing common alphabets are not significantly different (p>0.05) (A: Control diet; B: 0.1 g *E. viridis* kg⁻¹ diet; C: 0.5 g *E. viridis* kg⁻¹ diet; B: 1 g *E. viridis* kg⁻¹ diet)

Survivability

The experimental fishes showed zero mortality up to 12 h post-challenge with *A. hydrophila*. On 10th day post-challenge, the percentage of survival was maximum (75.0%) in group of fish fed with 0.5 g per kg *E. viridis* supplemented feed, as compared with the control fish (Table 2).

Discussion

Transamination is one of the main pathways for reversible amination and deamination of amino acids and they involve in the redistribution of amino groups among amino acids. It is accomplished by transaminases and aminotransferases, which are mostly active in liver, kidney, heart and skeletal muscle. AST, ALT and ALP are liver specific enzymes and are sensitive measures of hepatotoxicity (Ozaki, 1978; Verma *et al.*, 1981; 1990; Balint *et al.*, 1997). Elevated levels may indicate destruction, degeneration and necrosis of the liver due to cellular damage. These enzymes may be used as indices to assess the toxicity of experimental material and diet treatments (Bhardwaj *et al.*, 2010). So increased attention has been given to the changing activities of the

AST and ALT, which promote the changes in activities of aminotransferase and gluconeogenesis in the liver (Rashatuar and Ilyas, 1983).

The present study revealed that the serum ALT and AST activities decreased in the E. viridis supplemented diet fed groups compared to control group. Statistically insignificant (p<0.05) serum AST levels were seen among the E. viridis fed groups on day 30 and day 60 as compared to control group. Similarly, significantly depleted serum AST and ALT activities were reported in fish fed with different concentrations of Allium sativum and chloramphenicol (Shalabyet al., 2006). Results of the present study are in agreement with the reports of Bello et al. (2014), who found decreased level of inclusion of A. cepa and T. conophorum compared to control. El-Shatter et al. (1997) and Augusti et al. (2001), reported similar findings in rats fed on a diet containing 5% A. sativum where the liver enzyme (ALT, AST and ALP) activities and lipid levels decreased. Saei et al. (2016) also mentioned there was no significant difference in liver enzymes of rainbow trout due to the effect of different levels of Bio Acid Ultra. Algal dietary stimulation enhances the resistance against infection, thereby increasing the serum/ blood immune parameters and liver enzyme activities (Pradhan and Das, 2015a,b). So intake of E. viridis maintains the normal function of the liver by enhancing the regenerative capacity of its cells. This is reflected in the reduction of liver enzymes. Various types of chemical, physiological and biological factors or Kreb's cycle might alter the ALT and AST activities. So lower activity of the Kreb'scycle decreases its intermediates, thereby, œ-ketoglutarate compensates ALT and AST levels (Salah and Rogers, 1993).

In pathological conditions, the acid phosphatase activity (ACP) has a significant role (Reddy and Rao, 1990). Elevated acid phosphatase activity implies the breakdown of the stored energy, for the survival and growth of fish. At an alkaline pH, ALP splits different phosphorous esterases and mediates membrane transport (Hinton *et al.*, 1973). ALP is also involved in the synthesis of protein (Pilo *et al.*, 1972), enzymes, transport of glycogen (Gupta and

Table 2. Effect of *E. viridis* supplemented diets on specific growth rate (SGR), feed conversion ratio (FCR) and survivability of *L. rohita* fingerlings

Dietary group (g E.viridis kg ⁻¹ diet)	SGR (%)	FCR	Final weight (g)	Survivability (on 10 th day post-challenge with <i>A. hydrophila</i>) (%)
A (0)	0.869 ± 0.009^{b}	1.822 ± 0.028^a	26.81±0.34	56
B (0.1)	0.894 ± 0.010^{b}	1.705 ± 0.028^a	27.06 ± 0.39	68
C (0.5)	0.971 ± 0.012^a	1.613 ± 0.023^{c}	27.268 ± 0.295	75
D (1.0)	$0.953{\pm}0.014^a$	1.645 ± 0.027^{bc}	27.162 ± 0.30	68

Note: Results presented as mean \pm SE. Superscript values on right hand side column-wise are significantly (p \leq 0.05) different from the control for particular treatment.

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Rao, 1974) and secretary activity. Thus, an animal may be affected in a variety of ways due to any alteration of ALP activity. It was also reported that the serum ALP activity to be an indicator of the potency of nutrient absorption in enterocytes of fish (Harpaz and Uni, 1999). Increased ALP activity has been reported while feeding rohu at various doses of turmeric for 60 days following challenge with A. hydrophila (Sahu et al., 2008). In the present study, a similar type of observation was noticed where the group of fish exposed to E. viridis diet showed a significant increase in ALP activity with increasing levels of E. viridis. The results are also in agreement with Pradhan and Das (2015a), where they mentioned increased ALP activity (p<0.05) in Chlorella fed fish. Similarly Abalaka et al. (2011) mentioned that there was significant increase in activity of ALP when Clarias gariepinus adults were treated with ethanolic and aqueous extracts of Parkia biglobosa pods, which varied with increasing concentrations of both extracts. Acid phosphatase catalyses and facilitates important physiological changes within cells and the level of expression had a considerable impact on clinical investigation. Stress-induced alterations in serum/tissue phosphatase activities have been reported in carp (Das et al., 2004). African catfish Clarias gariepinus fishes showed significantly higher oxidative stress enzymes, catalase, glutathione-s-transferase, superoxide dismutase and lipid peroxidase activities with zero mortality when exposed to micro-alga based diet (Sharma et al., 2019). Therefore monitoring these enzymatic activities in serum would provide information related to stress caused by algal feeding. Our data indicate that liver function of the fingerlings of L. rohita was not impaired due to feeding of E. viridis diet.

Blood glucose level is an indicator of non-specific stress or stress caused by physical factors (Hunn and Greer, 1991; Duncan and Klesius, 1996). Significantly decreased level of blood glucose was noticed throughout the assay days in the dietary group fed with E. viridis incorporated diet. This indicates that fish were without stress during treatment with optimum quantity of E. viridis supplemented diets. Similar kinds of results were noticed with different types of herbal diet incorporation (Sahu et al., 2007; Das et al., 2013; Pradhan and Das, 2015a). Our results also agreed with Shalaby et al. (2006), who reported a significantly low level of plasma glucose in Nile tilapia fed on different concentrations of Allium sativum (20, 30 and 40 g kg⁻¹) supplemented diets. Some workers investigated the protective effect of seaweed, Gracilaria sp. on antioxidant and immune responses in Europian seabass. No differences were observed in glucose, when aqueous extract of 5% Gracilaria sp. supplemented diet was fed to the fish after infection (Peixoto et al., 2019). So the findings of our study indicate that regular feeding of *E. viridis* diet fights against stress elements, as it was evident from the declined glucose level in treated fish which could be attributed to enhanced antioxidant levels in pancreatic cells which synthesise insulin (Metawally, 2009).

The growth-promoting activities of various algae have been tested in aquatic animals (Shimaa, 2016; Lobo et al., 2018). Weight gain of fish indicates feed efficiency which improved with immunostimulants supplementation in diets (Seo et al., 2009). Bai et al. (2001) reported that 5% dietary Chlorella inclusion had a positive effect on growth and feed utilisation without any negative impact on body composition and blood parameters of Korean rockfish. Commercial diet supplemented with 2% Chlorella powder enhanced feed utilisation, growth, serum cholesterol and whole-body fat contents in juvenile Japanese flounder (Kim et al., 2002). Significantly increased weight gain and SGR was noticed in all treated groups fed on E. viridis in the present study. Diab et al. (2002) partially support these results.

In this study, a declined mortality rate was noticed in the group of fish exposed to E. viridis supplemented diets after experimental infection with A. hydrophila. Maximum survival rate was found in group C (0.5 g kg⁻¹) dietary group as compared to the control. The above findings could be attributed to dietary E. viridis, which would have helped to stabilise the cell membrane and provided protection to the liver against free radical mediated toxic damages and deleterious agents. Previous studies also indicate that algal diets helps to increase the survivability rate of rohu against A. hydrophila (Das et al., 2013; Pradhan and Das, 2015a). From the results of the study, it can be concluded that dietary E. viridis improved growth and decreased susceptibility to A. hydrophila infection in L. rohita. Further dietary supplementation trials should focus on purification and characterisation of the bioactive compounds present in E. viridis. Also, appropriate feed formulation and their evaluation may enhance the quality as well as their utilisation in aquaculture feeds.

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