



## Semen quality and sperm ultrastructure of Himalayan snowtrout *Schizothorax plagiostomus* Heckel, 1838

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### ABSTRACT

The aim of this study was to characterise physical and biochemical aspects of semen as well as to investigate the fine structure of spermatozoa of the Himalayan snowtrout *Schizothorax plagiostomus* Heckel, 1838 using scanning and transmission electron microscopy. The species breed twice in a year and semen was collected during both seasons, *i.e.* from 24 males in February and March, 2015 and from 30 males in September and October, 2015. Size of the fish ranged from 13.5 to 36 cm in February-March and 12.3 to 38 cm in September-October. The mean milt volume (ml), sperm density ( $\times 10^{10}$  ml<sup>-1</sup>) and spermatocrit (%) values were  $2.25 \pm 1.26$ ,  $2.22 \pm 0.53$  and  $78.87 \pm 8.25$  in February-March and  $2.12 \pm 1.25$ ,  $2.12 \pm 0.52$  and  $75.54 \pm 8.23$  in September-October respectively. Biochemical parameters of seminal plasma *viz.*, total protein (g dl<sup>-1</sup>), carbohydrates (mg dl<sup>-1</sup>) and total lipids were  $0.312 \pm 0.05$ ,  $1.348 \pm 0.07$  and  $26.4 \pm 2.23$  in February-March and  $0.340 \pm 0.05$ ,  $1.34 \pm 0.1$  and  $26.4 \pm 3.19$  in September-October respectively. Scanning and transmission electron microscopy studies of sperm revealed that the sperm was composed of an ovoid shaped head without acrosome, ellipsoidal midpiece with mitochondria and tail or flagellum. Flagellum had a typical 9+2 axoneme arrangement. The mean length ( $\mu$ m) of head, midpiece, flagella and total length of sperm were  $1.82 \pm 0.24$ ,  $0.35 \pm 0.07$ ,  $20.18 \pm 0.79$  and  $22.3 \pm 3$  respectively. For both the breeding seasons, sperm motility decreased significantly with time post-activation.

Keywords: Semen, Snow trout, Sperm density, Ultrastructure

### Introduction

Fish semen or milt is composed of spermatozoa and seminal plasma. Both these components are necessary for the viable fertilisation of eggs. The success of fertilisation mainly depends on the qualitative and quantitative characteristics of semen produced by males (Alavi *et al.*, 2008). These characteristics could provide necessary information to determine optimum time for sperm collection, as well as for optimising short-term and long-term storage protocols for artificial fertilisation (Linhart *et al.*, 2004).

The quality of sperm, which is the measure of ability of sperm to successfully fertilise egg is highly variable and depends on various external factors such as feeding regime, quality of feed and environmental temperature (Adewumi *et al.*, 2005; Islam and Akhter, 2011). There are several parameters which are used in sperm quality assessment *viz.*, sperm morphology, semen production indices (sperm volume and density), sperm motility and seminal plasma composition (Stoss, 1983; Billard *et al.*, 1995; Linhart *et al.*, 2000; Rurangwa *et al.*, 2004; Alavi and Cosson, 2006). Sperm velocity has also been used for the evaluation of sperm quality (Lahnsteiner *et al.*, 1996).

Morphological and ultrastructural studies of fish sperm have unveiled great diversity which have been utilised in building phylogenetic relationships among species (Jamieson, 1991). Diversity of sperm ultrastructure is attributed to the adaptation to different mechanisms of fertilisation (external and internal) as well as related environmental parameters of the fertilisation medium.

Sperm fine structure should not only be considered from a systematic, taxonomic point of view but also under the aspect of functionality. An optimal shape of the sperm head is important for its penetration through the micropyle as well as for optimal hydrodynamic properties during motility (Baccetti, 1984; Wei *et al.*, 2007; Furbock *et al.*, 2009). Seminal plasma is a critical component of semen that has an imperative role in sperm motility, function, survival and sperm metabolism. Spermatozoa are protected from oxidative damage by several antioxidants and antioxidant enzymes, which are present in the seminal plasma and spermatozoa (Billard *et al.*, 1995; Shaliutina-Kolesova *et al.*, 2013). Investigations of seminal plasma parameters are crucial for the comprehension of essential metabolic processes occurring amid the maturation of sperm in the testis of male, for the unconstrained motility

of sperm in the sperm conduit and for triggering of sperm motility just after release into the outside environment (Cosson *et al.*, 1999; Morisawa *et al.*, 1999; Miura and Miura, 2003; Cosson, 2004; Alavi *et al.*, 2007).

*Schizothorax plagiostomus* Heckel, 1838 commonly called snow trout is geographically distributed in various rivers, lakes and tributaries all throughout Himalayas reaching out to limits of China, eastern Afghanistan, Pakistan, Turkistan, Nepal, Tibet, Bhutan and North-east India (Day, 1958). *S. plagiostomus* is an important food fish of Himalayan population in India including Kashmir, Himachal Pradesh, Uttarakhand, Uttar Pradesh foot hills and Assam. The present study attempted to characterise semen quality as well as to explore the ultrastructure of sperm by means of scanning and transmission electron microscopy in the snow trout *S. plagiostomus*.

## Materials and methods

### Fish collection

Male *S. plagiostomus* (n=54) (weight range : 80 - 750 g) were collected from Alaknanda River at Srinagar Garhwal, Uttarakhand (30°13' 22.3" N; 78°48' 22.8" E) during the month of February-March, 2015 (n=24) and September-October, 2015 (n=30). Ripe male brooders were easily distinguishable due to presence of several tubercles on the snout.

Semen samples were collected in 2 ml graduated cryovials by gently pressing the abdomen of brooders and kept at 0-4°C with ice packs. Proper care was taken to keep off urine, faeces or blood contamination. Semen volume was determined directly by taking the reading from graduated cryovials. Males were weighed and measured before semen collection.

### Spermocrit, sperm density and motility parameters

Spermocrit was estimated as per the method described by Vinod and Basavaraja (2010). Sperm density was determined using a Neubauer improved counting chamber (Marienfeld, Tiefe depth profoundeur 0.100 mm) after diluting 8000 times with NaCl solution (0.7%) (Agarwal and Raghuvanshi, 2009). Sperm density was calculated using the formula:

$$\text{Sperm density ml}^{-1} = (X \times 8000) / 0.0001$$

where, X = average number of sperm in large squares of Neubauer improved chamber; 8000 = dilution factor; 0.0001 = volume of large square in ml.

Motility percentage was estimated as per Aliniya *et al.* (2013) at different time intervals post-stripping (1 and 24 h) and post-activation (15, 30 and 45 sec) at 4°C as well as at room temperature. NaCl solution (0.3%)

was used for activation of sperm. Motility was recorded using a camera (Nikon DS-Fi1, Software NIS element F) mounted on a phase contrast inverted microscope (Nikon ECLIPSE TS100). Bovine serum albumin (0.1%) was used to prevent sticking of sperm to the slides.

### Seminal plasma parameters

To collect seminal plasma, semen samples were centrifuged in a table top centrifuge (TARSONS SPINWIN MC-01) at 10000 g for 10 min. Supernatant collected was once again centrifuged for 10 min to avoid any sperm cells in seminal plasma (Cejko *et al.*, 2014).

Total protein content of seminal plasma was estimated following Lowry *et al.* (1951); total lipid as per Bligh and Dyer (1959) and total carbohydrates following the method described by McCredy *et al.* (1950).

### Sperm morphology

For ultrastructure studies of the sperm, samples were made free of seminal plasma by centrifugation (1000 g, 5 min) in 0.1 M phosphate buffer (PB, pH 7.4). The supernatant was discarded and samples were then fixed using 2% paraformaldehyde with 2.5% glutaraldehyde in 0.1 M PB (pH 7.4) for 2-3 h at 4°C. Samples were then centrifuged in PB for 5 min to remove the fixative. For scanning electron microscopy (SEM), pellets were resuspended in buffer, air-dried, sputter-coated with colloidal gold and observed under a Scanning Electron Microscope (JSM6100, Jeol) at Punjab University, Chandigarh. Transmission electron microscopy (TEM) was carried out as per Barsagade and Garade (2014) in Morgagni 268D Transmission Electron Microscope (Fei Co., The Netherlands) at All India Institute of Medical Sciences (AIIMS), New Delhi, India.

### Statistical analysis

Statistical analyses were performed with the IBM SPSS Statistics 20. Correlations between seminal plasma parameters were analysed using Pearson's correlation test.

## Results and discussion

*S. plagiostomus* is a Himalayan coldwater fish species which breeds twice in a year during February-March and September-October (Singh *et al.*, 1993). About 15-20 clear tubercles were observed on the snouts of male *S. plagiostomus* indicating onset of breeding season and maturation of gonads. The semen was observed to be creamy white in colour during both the seasons. Yellowish to pinkish colour of semen was noticed at the time of semen collection due to urine, faecal matter and blood contamination.

### Physical characteristics of semen

The fish oozed 0.3 to 5 ml of semen (2.25 ml in February-March and 2.12 ml in September-October) in one ejaculation. At the time of collection, brooders collected from the river were found to immediately ooze out semen and so care was taken to avoid measurement error in semen volume due loss of semen. Significant correlation was observed between milt volume and length of fish during both seasons ( $r=0.869$  in February-March and  $0.788$  in September-October,  $p<0.01$ ) as well as between milt volume and weight of fish ( $r=0.818$  in February-March;  $r=0.799$  in September-October,  $p<0.01$ ), indicating that large sized males produced more milt than small sized males.

Mean sperm density ( $\times 10^{10} \text{ ml}^{-1}$ ) and spermatocrit (%) were 2.22 and 78.87 in February-March and 2.12 and 75.54 in September-October respectively (Table 1). Pearson's correlation test and regression analysis between spermatocrit and sperm density showed a significant positive relationship ( $r=0.872$  in February-March;  $r=0.865$  in September-October), (Fig. 1). This indicates the potential use of regression equation between spermatocrit

Table 1. Descriptive statistics for sampled fish length, weight, milt volume, sperm density, spermatocrit and biochemical parameters of seminal plasma in *S. plagiostomus*

Parameters	Feb-Mar		Sep-Oct	
	N	Mean $\pm$ SD	N	Mean $\pm$ SD
Length (cm)	24	26.21 $\pm$ 6.45	30	27.36 $\pm$ 5.784
Weight (gm)	24	269.75 $\pm$ 144.73	30	288.16 $\pm$ 141.93
Milt volume (ml)	24	2.25 $\pm$ 1.26	30	2.12 $\pm$ 1.25
Sperm density ( $\times 10^{10} \text{ ml}^{-1}$ )	24	2.22 $\pm$ 0.53	30	2.122 $\pm$ 0.52
Spermatocrit (%)	15	78.87 $\pm$ 8.25	19	75.54 $\pm$ 8.23
Total protein (g dl <sup>-1</sup> )	24	0.312 $\pm$ 0.05	30	0.3403 $\pm$ 0.05
Carbohydrates (mg dl <sup>-1</sup> )	24	1.348 $\pm$ 0.07	30	1.34 $\pm$ 0.1
Total lipid (mg dl <sup>-1</sup> )	24	26.4 $\pm$ 2.73	30	26.42 $\pm$ 3.19

N - Number of samples, SD - Standard deviation

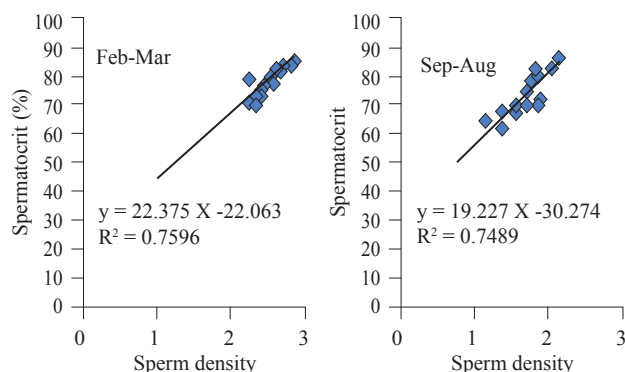


Fig. 1. Regression analysis between spermatocrit and sperm density during the period February-March and September-October for *S. plagiostomus*

and sperm density for predicting sperm density in *S. plagiostomus* as in several other fish groups (Bouck and Jacobson, 1976; Rakitin *et al.*, 1999; Tvedt *et al.*, 2001).

Sperm density has been customarily utilised for the assessment of semen quality owing to its importance in fertilisation success. Estimates of mean sperm density in *S. plagiostomus* is comparatively higher than the previously studied snowtrout species *viz.*, *S. richardsonii* and *Schizothoraichthys progastus* (Agarwal and Raghuvanshi, 2009; Agarwal and Raghuvanshi, 2013). The sperm density of *S. plagiostomus* was also higher than that of *Tor khudree* (Basavaraja *et al.*, 1998). The sperm production indices of *S. plagiostomus* were observed to be lesser than those of Indian major carps (IMCs), grass carp and silver carp (Verma *et al.*, 2009).

### Biochemical characteristics of semen

Among the basic biochemical parameters, total protein content was highest in the seminal plasma with maximum value observed in September (Table 1). Total protein (g dl<sup>-1</sup>), carbohydrates (mg dl<sup>-1</sup>) and total lipids were 0.312, 1.348 and 26.4 in February-March and 0.340, 1.34 and 26.4 in September-October respectively. Total protein content increased with increase in milt volume and sperm density. Total protein showed positive correlation with milt volume ( $r = 0.555$ ;  $p<0.01$  in February-March and  $r = 0.592$ ;  $p<0.01$  in September-October) as well as sperm density ( $r = 0.473$ ;  $p<0.05$  in February-March and  $r = 0.655$ ;  $p<0.01$  in September-October) (Table 2).

Carbohydrate and total lipid were present in small amounts compared to proteins and contents were similar in both breeding seasons. These parameters did not show significant correlation with the other parameters. Various elements have been accounted for the regulation of seminal plasma composition such as hormonal mechanisms regulating spermiation during the reproductive season, feeding regime of the broodfish and stripping frequency (Ciereszko *et al.*, 2000; Alavi *et al.*, 2008a; Ciereszko, 2008).

### Sperm motility

Highest sperm motility was observed in February at 15 sec post-activation at 4°C. For both the breeding seasons, sperm motility decreased significantly as a function of time post-activation. Sperm at 4°C showed better quality in terms of motility percentage. After 1 h of stripping, sperm maintained at 4°C and at room temperature showed similar motility percentages. After 24 h, motility percentage of sperm kept at room temperature fell by nearly 30% at 15 sec, 60% at 30 sec and 45 sec post-activation respectively as compared to sperm at 4°C (Table 3). Motility of the spermatozoa is the

Table 2. Pearson's correlation and standard error of correlation coefficients between physical and biochemical parameters of milt

Parameters	Collection period	Parameters						
		Length	Weight	Milt volume	Sperm density	Spermatocrit	Total protein	Carbohydrate
Weight	Feb-Mar	0.891**±0.09						
	Sep-Oct	0.843**±0.10						
Milt volume	Feb-Mar	0.869**±0.10	0.818**±0.12					
	Sep-Oct	0.788**±0.11	0.799**±0.11					
Sperm density	Feb-Mar	0.902**±0.09	0.846**±0.11	0.871**±0.10				
	Sep-Oct	0.793**±0.11	0.814**±0.10	0.722**±0.13				
Spermatocrit	Feb-Mar	0.826**±0.12	0.692**±0.15	0.544*±0.17	0.955**±0.06			
	Sep-Oct	0.800**±0.11	0.711**±0.11	0.627**±0.14	0.961**±0.05			
Total protein	Feb-Mar	0.417*±0.19	0.331±0.20	0.555**±0.17	0.535**±0.18	0.434±0.19		
	Sep-Oct	0.759**±0.12	0.669**±0.14	0.592**±0.15	0.629**±0.14	0.511*±0.16		
Carbohydrate	Feb-Mar	0.402±0.19	0.507±0.18	0.486*±0.18	0.406*±0.19	0.281±0.20	0.333±0.20	
	Sep-Oct	0.384*±0.17	0.26±0.18	0.311±0.17	0.378*±0.17	0.346±0.17	0.400*±0.17	
Total lipid	Feb-Mar	0.361±0.19	0.386±0.19	0.291±0.20	0.347±0.19	-0.104±0.21	0.106±0.21	0.153±0.21
	Sep-Oct	0.421*±0.17	0.35±0.17	0.284±0.18	0.429*±0.17	0.366±0.17	0.354±0.17	0.365*±0.17

\*\* Correlation significant at  $p = 0.01$  (2-tailed).

\* Correlation significant at  $p = 0.05$  (2-tailed).

Table 3. Sperm motility percentage

Time post-activation (sec)	Time post-stripping			
	1 h		24 h	
	4°C	Room temp.	4°C	Room temp.
Motility % (February - March)				
15	98±1.5	95±3	75±3	25±3
30	91±5	88±3	64±6	10±2
45	82±7	78±3	45±3	8±2
Motility % (September-October)				
15	98±1.5	95±3	75±3	25±3
30	91±5	88±3	64±6	10±2
45	82±7	78±3	45±3	8±2

most commonly used indicator of sperm quality since high motility is essential for success of fertilisation (Rurangwa *et al.*, 2004). From the results of the present study, it could be inferred that refrigeration at 4°C can significantly reduce depletion of sperm motility post-stripping, in snowtrout.

### Sperm morphology

Electron microscopy of *S. plagiostomus* spermatozoa revealed that they are uniflagellated and the head lack an acrosome. The midpiece has 4-6 mitochondria, proximal and distal centrioles. Flagellum was found to be composed of typical 9+2 pairs of microtubules (Fig. 2). Sperm head was observed to be ovoid and 1.82 µm long. Tail (20.18 µm) part was the longest part of sperm and the mid piece was found ellipsoidal (0.35 µm long). The average total length of *S. plagiostomus* spermatozoa was 22.3 µm (Table 4).

Scanning and transmission electron microscopy studies have revealed that there exist wide divergences in the organisation of teleost spermatozoa. Spermatozoa

of external fertilisers have varying head shape (from spherical to elongate) and a much smaller mid piece region (Koch and Lambert, 1990; Jamieson, 1991; Gwo, 1995). The head shape of *S. plagiostomus* sperm in the present study was found to be ovoid. Ovoid shaped sperm head is a feature of fishes living in water bodies having fast water currents (Jamieson, 1991). This supports the assumption that shape of spermatozoa may have consequences in flow resistance and in the swimming behaviour, as the shape of sperm head supports the swimming pattern or swimming velocities of spermatozoa in fishes (Lahnsteiner and Patzner, 1990). Nuclear elongation in the spermatozoa was not observed in the present study while in other teleosts, nuclear elongation has been reported (Jones, 1988; Lahnsteiner and Patzner, 1990; Pecio and Rafinski, 1999). The midpiece was found ellipsoidal as in sympatric snowtrout *S. richardsonii* (Panwar, 2004). Transmission electron microscopy of sperm revealed a cytoplasmic channel separating the flagella from the plasma membrane (Fig. 2a-f), which has been recorded in many other teleosts

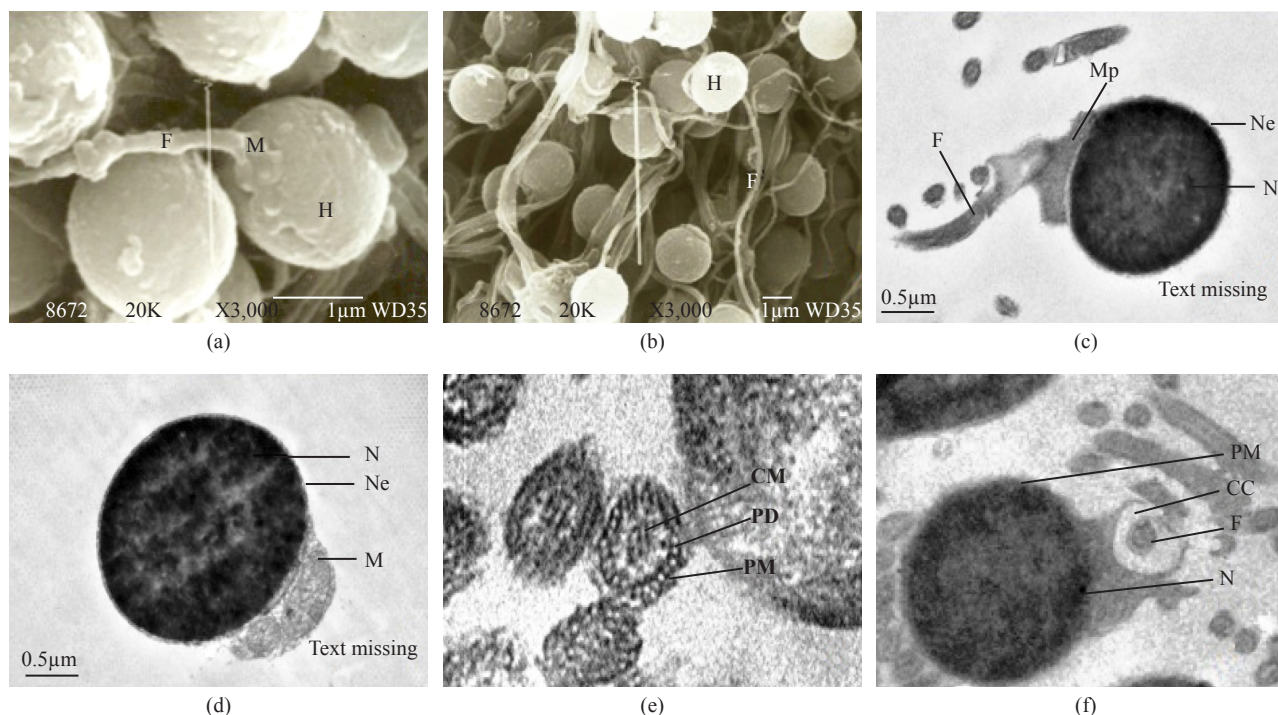


Fig. 2. Ultrastructure of the flagellum of *S. plagiostomus*. (a-b) - SEM showing Head (H), Midpiece (M) and Flagellum (F); (c-d) - TEM showing Nucleus (N), Nuclear envelope (Ne), Midpiece (Mp), Flagellum (F) and Mitochondria (M); (e) - TEM of flagella showing inner structure with 9+2 arrangement of peripheral doublets (PD), Central microtubules (CM) surrounded by plasma membrane (PM); (f) - TEM of sperm showing nucleus (N) surrounded by the nuclear membrane (NM) and the flagellum (F) separated by cytoplasmic channel (CC)

Table 4. Biometric features of spermatozoa (N=38)

Head shape	Head length ( $\mu\text{m}$ )	Mid piece	Mid piece length ( $\mu\text{m}$ )	Flagella ( $\mu\text{m}$ )	Total length ( $\mu\text{m}$ )
Ovoid	1.82 $\pm$ 0.24	Ellipsoidal	0.35 $\pm$ 0.07	20.18 $\pm$ 0.79	22.3 $\pm$ 3

(Mattei, 1991; Gwo, 1995). In comparison to the sperm of IMCs, the sperm of *S. plagiostomus* was found to be longer than that of catla and mrigal, while shorter than that of rohu.

Results of the present study would be helpful in selection of male *S. plagiostomus* yielding good quality milt, which in turn would help in formulating enhanced methods for artificial fertilisation and sperm cryopreservation strategies.

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